



INDIAN SCHOOL MUSCAT HALF YEARLY EXAMINATION PSYCHOLOGY

CLASS: XII

Sub. Code: 037

Time Allotted: 3 Hrs

22.09.2019

Max. Marks: 70

General Instructions:

- a) All questions are compulsory.
- b) Answers should be brief and to the point.
- c) Marks for each question are indicated against it.
- d) Question Nos.1-17 in Part – A, are learning check type question carrying 1 mark each. You are required to answer them as directed.
- e) Question Nos. 18-21 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- f) Question Nos. 22-24 in Part— C are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- g) Question Nos. 25-30 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- h) Question Nos. 31 & 32 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART - A

- 1 _____ introduced the concept of mental age during the year 1908. 1
A. Alfred Binet B. William Stern C. SM. Mohsin D. Pareek
- 2 According to Cattell _____ traits are stable and building blocks of personality. 1
A. Source B. Surface C. Cardinal D. Central
- 3 According to Lazarus _____ refers to perceiving the changing environment as positive, negative or neutral. 1
- 4 The overall pattern of decision making and the quality of life is known as Life style (True/False) 1
- 5 A frequent episode of out of control eating habit among the children is known as binge eating. (True /False) 1
- 6 Logo therapy was developed by 1
A. Freud B. Viktor Frankl C. Binet D. Howard Gardner

- 7 _____ refers to the measurement of psychological attributes. 1
- A. Evaluation B. Measurement C. Assessment D. Organization
- 8 Ch. Rice tried to standardize Binet's scales in Urdu and Punjabi language during the year 1930's. (True/False) 1
- 9 _____ refers to an individual's ability to organize and monitor his or her own behavior. 1
- A. Self-esteem B. Self-control C. Self-regulation D. Self-efficacy
- 10 _____ Self emerges in relation with others and it is also known as familial self or relational self. 1
- 11 _____ studies the links between mind, brain and immune system. 1
- A. Psychology B. Psychoneuroimmunology C. Life style D. Hardiness
- 12 Creative visualization requires imagery and _____ 1
- A. Vision B. Day dreaming C. Imagination D. hallucination
- 13 _____ refers to removing the evil spirits through counter magic and prayer. 1
- 14 In _____ disorder children have the difficulties in social interaction and communication, along with the interest for repetition of a same task again and again. 1
- 15 Schizophrenia is due to excess activity of dopamine (True / False) 1
- 16 _____ therapy can be used in group settings. 1
- 17 The non-judgmental attitude shown by the therapist towards the client during the process of psychotherapy despite the client is rude, hostile and aggressive is known as _____ 1
- A. Empathy B. Unconditional positive regard
C. Pro-social behavior D. Sympathy

PART - B

- 18 What is emotional intelligence and What are the two features associated with it? 2

OR

Mention various characteristics of gifted children?

- 19 Explain various disadvantages or misuses associated with intelligence tests? 2
- 20 Explain Type –A & Type – B Personality characteristics of Rosen man & Friedman? 2

OR

Define self-control and explain various techniques of self- control in daily life?

21 What is hardiness and What are the three c's associated with it? 2

PART - C

22 Explain theory of primary mental abilities in detail? 3

23 Explain yoga as an alternative therapy of treatment? 3

24 Explain diathesis stress model of abnormal behavior in detail? 3

OR

Explain substance disorders in detail?

PART - D

25 Explain cognitive theory of stress appraisal and two coping strategies of Endler & Parker? 4

26 Explain the Five factor model theory of personality by Paul Costa & Robert Mc Crae? 4

27 Explain various principles involved in behavior therapy? 4

28 Define life skills and mention various life skills which are helpful in overcoming the daily life challenges? 4

29 Explain the mood disorders in detail? 4

OR

Explain the various dissociative disorders in detail?

30 Explain various anxiety disorders in detail? 4

OR

Explain the various somatic symptom and related disorders in detail?

PART - E

31 Explain PASS model theory of intelligence along with C.A.S? 6

OR

Define psychometric and information processing approaches of intelligence and explain structure intellect model intelligence theory of JP. Guilford?

32 Explain Humanistic approach of personality? 6

OR

Explain Freud's psychoanalytical stages of development in detail?

End of the Question Paper